



SEPTEMBER | 2023

John Young Breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1 Mini French Toast or Cereal Variety Egg or Cheese Stick Fruit
4 No School	5 Sausage Gravy Breakfast Pizza or Cereal Variety Egg or Cheese Stick Fruit	6 Egg Scramble W/English Muffin or Cereal Variety Egg or Cheese Stick Fruit	7 French Toast Sticks or Cereal Variety Egg or Cheese Stick Fruit	8 Mini Waffles or Cereal Variety Egg or Cheese Stick Fruit
11 Mini Cinni or Cereal Variety Egg or Cheese Stick Fruit	12 Yogurt Parfait or Cereal Variety Egg or Cheese Stick Fruit	13 Breakfast Burrito or Cereal Variety Egg or Cheese Stick Fruit	14 Apple Frudel or Cereal Variety Egg or Cheese Stick Fruit	15 Omelet W Biscuit or Cereal Variety Egg or Cheese Stick Fruit
18 Dutch Waffle or Cereal Variety Egg or Cheese Stick Fruit	19 Mini Pancakes or Cereal Variety Egg or Cheese Stick Fruit	20 Bacon & Egg Breakfast Pizza or Cereal Variety Egg or Cheese Stick Fruit	21 Mini Strawberry Bagel or Cereal Variety Egg or Cheese Stick Fruit	22 Sausage/Egg/Cheese Sandwich or Cereal Variety Egg or Cheese Stick Fruit
25 Pancake Wrap or Cereal Variety Egg or Cheese Stick Fruit	26 Apple Cinnamon Toast or Cereal Variety Egg or Cheese Stick Fruit	27 Yogurt Parfait or Cereal Variety Egg or Cheese Stick Fruit	28 Egg & Cheese Breakfast Bagel or Cereal Variety Egg or Cheese Stick Fruit	29 Mini French Toast or Cereal Variety Egg or Cheese Stick Fruit

*Cereal Variety could
consist of assorted cereals
and/or Cereal Bars

*Milk and Fruit Choices
Offered Daily

*Menu Subject to Change

*This Institution is an Equal
Opportunity Provider and
Employer

Student Breakfast Prices
\$1.75
Reduced .30
Milk .60